

## Curriculum Vitae

Stephanie M. Howard, Psy.D.  
Shivelight Psychological Services, LLC  
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### LICENSURE

October 2016 – Present

**Licensed Psychologist** - License # 59 996  
State of Mississippi

### EDUCATION

2015

**Psy.D., Clinical Psychology**  
Immaculata University, Immaculata, PA  
American Psychological Association (APA) Accredited

2011

**M.A., Clinical Psychology**  
Immaculata University, Immaculata, PA

2007

**B.S., Psychology**  
Austin Peay State University, Clarksville, TN

### CERTIFICATIONS

2023

**Certified Forensic Evaluator**  
Mississippi Department of Mental Health

### PROFESSIONAL EXPERIENCES

August 2017 – Present

**Licensed Psychologist & Owner**  
*Shivelight Psychological Services, LLC, Jackson Metro, MS*

**Clinical and Forensic Psychological Services:** Capable of providing psychological testing, violence risk assessments, pre-sentencing evaluations, individual competence restoration treatment, expert testimony, and consultation services related to the law and mental health in Mississippi. \*\*Will be able to provide Initial Evaluations of competence to proceed legally as a Certified Forensic Evaluator in 2024.\*\*

July 2016 – Present

**Licensed Psychologist-II**  
*Forensic Services, Mississippi State Hospital, Whitfield, MS*

#### Responsibilities:

**Forensic Mental Evaluations:** Conduct court-ordered evaluations of pre-trial criminal adult defendants charged with felonies on maximum and medium security inpatient forensic units. Evaluation types include: competence to stand trial, criminal responsibility, competence to waive/assert constitutional rights, and mitigating circumstances.

**Psychological Assessments:** Conduct psychological testing and evaluations (including: intellectual, personality, malingering, neurocognitive screening, adaptive functioning, specialized forensic instruments, sexual/violence risk assessments, and suicide risk assessments).

**Expert Testimony:** Provide Expert Testimony in Mississippi Criminal Courts as a qualified expert in Clinical and Forensic Psychology (25x as of October 2023).

**Program Development:**

- Co-developer of MSH Postdoctoral Fellowship in Forensic Psychology.
- Developed the Individual Court Competence Questionnaire (ICCQ) used to assess baseline factual knowledge of the legal system for pre-trial defendants/patients.
- Co-developer of curriculum/Presenter: *Community-Based Forensic Screening Evaluations of Competency to Stand Trial*, a 20-hour training for MS-licensed psychiatrists and psychologists.
- Assisted in developing and managing jail-based competence education programs and forensic spanning/navigation services in coordination with Region 8 Mental Health Center.

**Clinical Services:**

- Provided individual psychotherapy, including Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), and Eye Movement Desensitization and Reprocessing (EMDR).
- Conducted and/or supervised court competency restoration treatment services for adult pre-trial defendants on maximum and medium security inpatient forensic units.

**Supervision:**

- Provide individual supervision to unlicensed forensic evaluators and forensic post-doctoral fellows conducting forensic mental evaluations ordered by MS Circuit Courts.
- Primary Supervisor of MSH Postdoctoral Fellow in Forensic Psychology.
- Adjunct Supervisor to pre-doctoral residents completing rotations on Forensic Evaluation Services.
- Behavioral Health Clinical Supervisor for Forensic Treatment Services from March 2020 to May 2021.
- Provided group “Supervision of Supervision” to pre-doctoral residents supervising practicum students (2016-2018; 2019-2020).

**Administrative Duties:**

- Assistant Director of the Forensic Postdoctoral Fellowship Training Program.
- Assist in decision-making regarding the discharges and transfers of high-risk patients as a member of the Discharge Advisory Committee and the Transfer Advisory Panel.
- Faculty member of the APA Accredited Doctoral Internship in Health Services Psychology/BHS Training Committee (2016-2020; 2022-Present).

November 2018 – March 2020

**Licensed Psychologist**

*Serenity Counseling and Wellness, Pearl, MS*

**Responsibilities:**

Provided referral-based comprehensive psychological assessments for a variety of issues, including differential diagnosis, personality issues, ADHD, cognitive functioning, and treatment recommendations.

<b>APA-ACCREDITED POST DOCTORAL FELLOWSHIP</b>
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August 2015 – July 2016

**Psychosocial Rehabilitation Postdoctoral Fellow**

*G.V. (Sonny) Montgomery VA Medical Center, Jackson, MS*

**Responsibilities:**

**Psychosocial Rehabilitation Recovery Center (PRRC/TARGET Center):** Provided psychological testing, psychosocial rehabilitation services, individual and group therapy sessions (including: *Image Rehearsal Therapy, Cognitive Processing Therapy, ACT for Chronic Pain, Illness Management and Recovery, CBT for Depression, and DBT*) to Veterans with serious and persistent mental illnesses (SPMI).

**Behavioral Recovery Unit (Inpatient):** Provided group therapy, individual psychotherapy, and psychological testing (including: capacity evaluations, cognitive, personality, malingering, PTSD, and neurocognitive screening).

**Mental Health Intensive Case Management (MHICM):** Provided individual therapy, psychological testing, home visits, and case management services to Veterans with SPMI living in the community.

**Community Living Center (CLC):** Provided neurobehavioral status examinations and screenings, psychosocial assessments, and individual psychotherapy to older adult Veterans requiring rehabilitative, respite, and/or palliative/end-of-life care.

#### APA-ACCREDITED PRE-DOCTORAL PSYCHOLOGY RESIDENCY

July 2014 – July 2015

##### **Pre-Doctoral Psychology Resident**

*Mississippi State Hospital, Whitfield, MS*

##### **Responsibilities:**

**Forensic Services:** Observed and participated in pre-trial forensic evaluations, including competence to stand trial, criminal responsibility, competence to waive *Miranda* rights, and mitigation. Provided psychological testing to assist in forensic evaluations. Provided competency restoration group and individual sessions.

**Female Receiving Unit:** Provided suicide risk and comprehensive psychological assessments, *DBT* and *CBT-based* individual therapy, and group therapy to patients with serious and persistent mental illnesses.

**Hudspeth Regional Center (IDD):** Provided ABA therapy, behavioral interventions, functional behavioral assessments, and preference assessments with adolescents and adults with intellectual and developmental disabilities (IDD). Provided individual therapy to adults with IDD living in the community. Provided diagnostic evaluations and “ICF/MR” assessments.

**Administrative/Training Program:** Assisted with administrative issues and program and procedural development in the internship/practicum training programs. Assisted with staff training, policy development and revision, and quality assurance from an organizational standpoint to ensure adherence to guidelines of best practice with the *Columbia Suicide Severity Rating Scale- Screen Version*.

#### PRESENTATIONS & PUBLICATIONS

**Howard, S.M., & Olson, K.** *Competence to stand trial: Evaluations and restoration for adults for adults with intellectual disabilities*. Presented at the Mental Health/Intellectual and Developmental Disabilities Joint Conference, Natchez, MS, October 2023.

Cowell, W., Olson, K., Berthold, A., & **Howard, S.M.** *The not-so-settled debate: A discussion of the settled insanity defense* [panel discussion]. Presented at the MS Public Defenders Conference, Jackson, MS, October 2023.

**Howard, S.M., & Olson, K.** *Return to sender: Outpatient competence restoration treatment for the courts* [workshop]. Presented at the Mississippi Psychological Association Annual Conference, Tupelo, MS, September 2023.

**Howard, S.M.,** Gugliano, A., Gavel, D., & Gordon, B.H. *A little more conversation: Discussing current trends and practices in forensic psychology in Mississippi*. Presented at the Mississippi Psychological Association Annual Conference, Tupelo, MS, September 2023.

Gugliano, A., **Howard, S.M.,** & Berthold, A. (2023). Interventions for competency restoration and treatment in jails. In *Oxford Handbook of Mental Health and Assessment in Jails*, 2023.

Cowell, W., Olson, K., Gugliano, A., Berthold, A., & **Howard, S.M.** *Settled Insanity: A Legal Analysis* [paper presentation]. Presented at the American Psychology & Law Society Annual Conference, Philadelphia, PA, March 2023.

Gugliano, A., **Howard, S.M.**, McMichael, R., & Recore, T.V. *Community-based forensic screening evaluations of competence to stand trial* [20-hour workshop]. Presented at Mississippi State Hospital, Whitfield, MS, September 2017.

Buteau, A., **Martin, S.M.** *Anecdotal Applications of ABA in an IDD Regional Center*. Presented at the Mental Health/Intellectual and Developmental Disabilities Joint Conference, Biloxi, MS, October 2015.

### SELECTED TRAININGS

*Ethical Dilemmas: Best Practices for Forensic Witnesses* (August 22, 2023). Michael Perlin, J.D., & Heather Ellis Cucolo, J.D. CONCEPT Continuing & Professional Studies, Palo Alto University- Live Webinar.

*So, You Wanna Be a Board-Certified Forensic Psychologist, Huh?* (23 July 2022) Lori L. Hauser, Ph.D., ABPP. American Academy of Forensic Psychology- Live Webinar.

*Moral Reconation Therapy Training* (August 5-7, 2020). Correctional Counseling Incorporated- Distance Learning Live Webinar.

*Sexual Violence Risk-20 (SVR-20) Training*. (August 16, 2019). Douglas P. Boer, Ph.D. Global Institute of Forensic Research- Distance Learning.

*Hare Psychopathy Checklist-Revised (PCL-R & PCL-SV) Training*. (October 12 & 13, 2017). Robert D. Hare, Ph.D., & J. Reid Meloy, Ph.D. Global Institute of Forensic Research- Live Webinar.

*Evaluation of Risk for Violence Using the HCR-20-V3*, (September 13, 2017). Stephen Hart, Ph.D., Laura Guy, Ph.D., & Kevin Douglas, Ph.D. Concept CE- Distance Learning.

*EMDR & Addiction: Beyond Basic Training*. (May 18, 2017). EMDR HAP- Live Streamed Virtual Course.

*Eye Movement Desensitization and Reprocessing (EMDR) Basic Training*. (January 26-28 & March 23-25, 2017). Jean Hawks, Ph.D. EMDR Consulting, LLC. Jackson, Mississippi.

*Cognitive Processing Therapy*. (February 18 & 19, 2016). Lauren Graves, Ph.D. G.V. (Sonny) Montgomery VAMC. Jackson, Mississippi.

### PAST PROFESSIONAL EXPERIENCES

- May 2012 – July 2014

#### **Addictions Therapist- Intensive Outpatient Program**

*Northwestern Human Services-Parkside, Philadelphia, PA*

#### **Responsibilities:**

**Intensive Outpatient Therapy:** Provided group and individual therapy and case management to individuals receiving medication-assisted treatment with severe opioid and other substance use disorders, co-occurring mental health diagnoses, and trauma histories. Designed curriculum and psychoeducational lessons for groups.

**Family Therapy:** Assisted in the development of the *Parkside Family Therapy Program* and outreach efforts. Provided Structural family and couples therapy. Co-led monthly multi-family group sessions.

**Leadership/Awards:** Led efforts to implement new programming and evidence-based treatments, including *DBT Skills Groups* and *Seeking Safety*. Created IOP Women's Group. Honored as the company's *Direct Care Employee of the Month in August 2013* and *2013 Employee of the Year*.

- February 2012 – August 2012      **Outpatient Addictions Counselor**  
*Mirmont Treatment Center, Media, PA*

**Responsibilities:** Provided outpatient individual therapy to individuals with substance use disorders.

- August 2007 – June 2010      **Autistic Support Teaching Assistant**  
*Kennett Consolidated School District, Kennett Square, PA*

**Responsibilities:** Provided in-classroom support for elementary-age children with Autism and emotional/behavioral issues. Designed and implemented behavioral treatment plans and completed functional behavioral assessments and behavioral observations.

## PRACTICUM TRAINING

- July 2010 – September 2011      **Practicum Student**  
*Girard Medical Center, Philadelphia, PA*

**Responsibilities:** Provided individual and group therapy for adults in the outpatient clinic, short-term inpatient treatment, and long-term residential treatment program for homeless males with co-occurring disorders. Provided comprehensive psychological testing, including: objective personality, projective personality, cognitive, neuropsychological, intelligence/achievement, and Hare- PCL-R. Client population included a variety of diagnoses, including: substance use, mood, anxiety, trauma-related, psychotic, personality, and sexual disorders.

- August 2010 – December 2010      **Practicum Student**  
*The Drexel Autism Center, Philadelphia, PA*

**Responsibilities:** Provided therapy and outreach services for children and families affected by autism spectrum disorders. Completed structured evaluations and reports to aid in the diagnostic assessment of autism spectrum disorders, treatment, and educational recommendations.

## RESEARCH EXPERIENCE

- Co-Investigator**, February 2022 – March 2023  
Cowell, W., Olson, K., Gugliano, A., Berthold, A., & **Howard, S.M.** *Settled Insanity: A Legal Analysis*.
- Psychosocial Rehabilitation Fellowship Demonstration Project**, December 2015 – August 2016  
Title: *Examining Veterans' Factors that Predict the Likelihood of Enrollment and Engagement in a VA Psychosocial Rehabilitation and Recovery Center*.
- Doctoral Dissertation**, February 2012 – November 2012  
Title: *The Rorschach and Substance Use Disorders: An Advanced Review*.

- **Co-Investigator**, September 2008 – June 2009  
Title: *Recording and Reporting Practicum Experience: Discrepancies Among Graduate Students Applying for Pre-Doctoral Internship.*

<b>PROFESSIONAL MEMBERSHIPS</b>
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- Mississippi Psychological Association (MPA)
  - MPA Psychology & Law Committee
- American Psychological Association (APA)
- American Psychology & Law Society, APA Division 41

<b>REFERENCES</b>
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Amanda Gugliano, Psy.D.  
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Mississippi State Hospital  
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Reb McMichael, M.D.  
Psychiatrist, Service Chief of Forensic Services  
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Joe Griebler, Ph.D.  
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