

Dr. Brian Belfi

Doctor of Psychology

CONTACT

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EDUCATION

DEGREE NAME | MAJOR
Albizu University | Doctorate in Psychology
Miami, FL - 2002

DEGREE NAME | MAJOR
John Jay College of Criminal Justice | Masters in Forensic Psychology
New York, NY – 1997

DEGREE NAME | MAJOR
Loyola University – Bachelors in Psychology
Baltimore, MD – 1995

Current Faculty Appointment

NYU School of Medicine

Previous Faculty Appointments

Clinical Instructor and Adjunct Faculty at:

- Fordham University
- Adelphi University
- John Jay College of Criminal Justice
- Albizu University
- Albert Einstein College of Medicine of Yeshiva University

PROFESSIONAL PROFILE

Senior behavioral health executive and clinical/forensic psychologist with more than 20 years of leadership experience directing complex psychiatric and forensic systems. Proven record leading large-scale inpatient and outpatient services, strengthening regulatory compliance, and implementing operational improvements that enhance quality, safety, and patient outcomes. Experienced in managing multidisciplinary teams, multimillion-dollar budgets, and cross-agency collaborations while advancing academic partnerships and evidence-based practice.

WORK EXPERIENCE

CEO, Manhattan Psychiatric Center & Kirby Forensic Psychiatric Center (2019–Present)

Provide executive leadership for two major psychiatric institutions delivering inpatient, outpatient, and forensic behavioral health services within the New York State mental health system. Key contributions include:

- Lead operational strategy, performance management, and quality oversight across complex psychiatric service systems
- Direct multidisciplinary teams including psychiatrists, psychologists, social workers, and rehabilitation staff
- Manage large-scale clinical operations and multimillion-dollar budgets while ensuring high standards of care and regulatory compliance
- Successfully lead Joint Commission, CMS, Department of Health, and Department of Labor survey readiness and inspections
- Implement Lean Six Sigma–aligned operational improvements to strengthen efficiency, safety, and clinical outcomes
- Partner with senior state leadership to shape system-wide behavioral health strategy and service delivery improvements
- Built and strengthened a high-performing leadership structure supporting clinical excellence and operational accountability
- Established academic partnerships with major institutions including NYU, Fordham, Albert Einstein College of Medicine, John Jay College of Criminal Justice, Yeshiva University, and Fairleigh Dickinson University

Deputy Director, Operations – Manhattan Psychiatric Center (2018–2019)

Oversaw operational and clinical management across a large behavioral health system including inpatient, outpatient, residential, and community-based services.

- Directed operations for a 150-bed psychiatric hospital, outpatient clinic serving over 500 patients, and 180 residential beds
- Served on the executive cabinet guiding strategy, policy development, and operational performance
- Provided clinical supervision and oversight across multiple behavioral health disciplines
- Led operational planning to improve service delivery, clinical outcomes, and patient safety

Deputy Director, Operations – Kirby Forensic Psychiatric Center (2014–2018)

Directed forensic operations and legal coordination across clinical and court systems.

- Provided legal consultation to clinical teams regarding forensic psychiatric cases
- Coordinated with courts, attorneys, and state agencies on complex forensic matters
- Served as expert witness and consultant for the New York State Division of Forensic Services
- Principal investigator on research involving psychological assessment and forensic evaluation

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EXPERTISE

- Strategic Planning
- Executive Leadership
- Process Improvements
- Quality Assurance
- Quantitative/Qualitative Analysis
- Subject Matter Expert (Healthcare)
- Workplace Dynamics
- Wellness
- Personality Assessment
- Expert Testimony
- Threat Assessment

WORK EXPERIENCE CONTINUED

Chief of Treatment Services – Kirby Forensic Psychiatric Center (2013-2014)

Directed clinical and operational services within a high-acuity forensic psychiatric facility.

- Managed operational performance, regulatory compliance, and service quality across forensic psychiatric programs
- Oversaw approximately 340 annual forensic admissions and discharges from Rikers Island
- Coordinated with NYS Office of Mental Health, NYC Field Office, and law enforcement agencies
- Led quality management initiatives including risk management, incident review, utilization review, and performance improvement
- Supervised multidisciplinary clinical teams responsible for crisis intervention, competency restoration, and psychological evaluation

Director of Legal Affairs – Kirby Forensic Psychiatric Center (2005–2013)

Directed forensic operations and legal coordination across clinical and court systems.

- Provided legal consultation to clinical teams regarding forensic psychiatric cases
- Coordinated with courts, attorneys, and state agencies on complex forensic matters
- Served as expert witness and consultant for the New York State Division of Forensic Services
- Principal investigator on research involving psychological assessment and forensic evaluation

Private Practice - Psychological Assessments and Psychotherapy (2005–present)

Deliver comprehensive psychological, neuropsychological, crisis intervention in an outpatient/jail settings as well as psychotherapy. Currently receiving training in EMDR. Have also been employed by HHC as a Clinical Supervisor on Rikers Island.

Licensed Psychologist - Sing Sing Correctional Facility, Ossining, New York (2002-2005)

Provided psychological services to incarcerated individuals with severe and persistent mental illness.

- Conducted violence risk assessments and psychological testing
- Provided individual and group psychotherapy including substance use treatment
- Delivered crisis intervention and discharge planning
- Served as program director, clinical supervisor, and mental health trainer

Psychology Internships – NYU/Bellevue Hospital Center (2001–2002)

Completed intensive forensic, emergency department, and inpatient rotations with a focus on psychodiagnostics, suicide risk assessment, crisis intervention, and competency evaluations for court-involved individuals. Provided therapy across modalities—including DBT and long-term outpatient care—while contributing to comprehensive forensic evaluations for insanity acquittees and competency-related cases.

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Clinical Consultant – Florida Medical Center (1999–2000)

Provided crisis intervention, diagnostic assessments, inpatient determinations, and group psychotherapy for diverse child and adult populations.

Research, Publications & Thought Leadership

Extensive record of peer-reviewed publications and national presentations advancing best practices in psychology on threat assessment, personality disorders, psychological wellness, and detection of deceptions.

Authored and co-authored studies in leading journals—including the *Journal of Forensic Psychology*, *Journal of the American Academy of Psychiatry and the Law*, *International Journal of Forensic Mental Health*, and *Psychological Assessment*.

Presenter at major professional conferences (AAPL, AP-LS, APA, IAFMHS), co-author and delivering a number of talks, papers, and posters on risk management, clinical decision-making, treatment outcomes, operational applications of structured assessment tools, and program design

Recognized contributor to statewide and national thought leadership focused on patient safe. Participated in New York City Mayor’s Task Force on Behavioral Health and the Criminal Justice System (6/12/14). Fortune Society.

Academic publications and conference papers can be provided upon request.