

Curriculum Vitae

Stephanie M. Howard, Psy.D.

Shivelight Psychological Services, LLC

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Jackson Metro Area

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PROFESSIONAL LICENSURE

October 2016 – Present **Licensed Psychologist**
License # 59 996
State of Mississippi

EDUCATION

2015 Psy.D. Clinical Psychology, Immaculata University (APA-Accredited)
2011 M.A. Clinical Psychology, Immaculata University
2007 B.S. Psychology, Austin Peay State University

PROFESSIONAL EXPERIENCES

August 2017 – Present **Licensed Psychologist in Independent Practice**
Shivelight Psychological Services, LLC, Jackson Metro Area

Clinical and Forensic Psychological Services: Conduct court-ordered forensic mental health evaluations (competence to stand trial, mental state at the time of the alleged offenses, mitigating circumstances, and ability to waive or assert rights). Provide expert testimony in clinical and forensic psychology, psychological assessments, outpatient/telehealth competence restoration treatment, and consultation services related to the law and mental health.

July 2016 – Present **Licensed Psychologist & Forensic Evaluator**
Forensic Services of Mississippi State Hospital, Whitfield, MS

Forensic Mental Health Evaluations: Conduct court-ordered evaluations of pre-trial criminal adult defendants charged with felony offenses (competence to stand trial, criminal responsibility, ability to waive/assert rights, and mitigating circumstances).

♦ Completed over 650 forensic mental health evaluations (current as of July 2023).

Expert Witness Testimony: Provide testimony for Mississippi Courts as a qualified expert witness in Clinical and Forensic Psychology.

♦ Provided expert testimony 25 times, including five trials (current as of July 2023).

Psychological Assessment: Conduct psychological testing (intellectual, achievement, neurocognitive screening, executive functioning, personality, adaptive functioning, specialized forensic assessment instruments, and sexual/violence risk assessment).

Program Development: Assist in the ongoing development of the MSH Forensic Psychology Postdoctoral Fellowship Training Program.

♦Assisted in the development and management of jail-based competence education programs and the provision of forensic spanning/navigation services with Region 8 Mental Health Center for incarcerated pre-trial defendants.

♦Developed programming and documentation for court competence restoration treatment, forensic evaluator training, and an Individual Court Competence Questionnaire (ICQ) used by MSH & Region 8 to assess pretrial participants' baseline factual legal knowledge.

Clinical Services: Served as the Behavioral Health Clinical Supervisor for Forensic Treatment Services.

♦Provided court competency restoration treatment on secure maximum inpatient forensic units, and individual psychotherapy (Cognitive Behavioral Therapy (CBT) and Eye Movement Desensitization and Reprocessing (EMDR)).

Faculty & Committee Memberships:

♦Assistant Training Director & Supervisor – MSH Forensic Psychology Postdoctoral Fellowship.

♦Teaching Faculty – MSH Psychiatry Residency Program.

♦Adjunct Faculty – MSH APA-Accredited Pre-Doctoral Internship Program in Health Services Psychology.

♦Member of MSH Discharge Advisory Committee and Transfer Advisory Panel assisting in decision-making for discharging and transferring high-risk patients.

November 2018 – May 2020

Licensed Psychologist in Private Practice
Serenity Counseling and Wellness, Pearl, MS

Psychological Assessment: Provided referral-based comprehensive psychological evaluations for a variety of issues, including differential diagnosis, personality issues, ADHD, cognitive functioning, and treatment recommendations.

APA-ACCREDITED POST DOCTORAL FELLOWSHIP
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August 2015 – July 2016

Psychosocial Rehabilitation Postdoctoral Fellow
G.V. (Sonny) Montgomery VA Medical Center, Jackson, MS

Clinical & Psychosocial Rehabilitation Services: Provided individual and group therapy to Veterans with serious and persistent mental illness (Imagery Rehearsal Therapy, Cognitive Processing Therapy, ACT for Chronic Pain, CBT for Depression, and DBT). Created and led a group for female Veterans.

Psychological Assessment: Administered, scored, and interpreted psychological testing (personality, malingering, PTSD, and neuropsychological screening). Conducted capacity evaluations and initial screening for PSR program enrollment.

Intensive Case Management: Provided home visits, social outings, and case management to Veterans with SPMI living in the community.

Geropsychology: Provided neurobehavioral status examinations and screenings, psychosocial assessments, and individual psychotherapy to Veterans 65+ requiring rehabilitative, respite, and/or palliative/end-of-life care.

Rotations/Programs:

- ♦Inpatient Behavioral Health Recovery Unit
- ♦Psychosocial Rehabilitation Recovery Center
- ♦Mental Health Intensive Case Management

- ♦Community Living Center
- ♦Substance Use PTSD Team

APA-ACCREDITED PRE-DOCTORAL PSYCHOLOGY RESIDENCY

July 2014 – July 2015

Psychology Resident/Intern
Mississippi State Hospital, Whitfield, MS

- ♦Forensic Services: Observed/ participated in pre-trial forensic evaluations, including competence to stand trial, criminal responsibility, competence to waive *Miranda* rights, and mitigation. Provided psychological testing to assist in forensic evaluations, and group and individual competence restoration sessions.
- ♦Female Receiving Unit: Provided comprehensive psychological and suicide risk assessments, *DBT* and *CBT*- based individual therapy to patients with serious mental illnesses, and group therapy.
- ♦Hudspeth Regional Center (IDD): Provided ABA therapy, behavior interventions, functional behavioral assessments, diagnostic evaluations, and assessments to adolescents and adults with intellectual and developmental disabilities (IDD). Provided individual therapy to IDD adults in the community.
- ♦Administrative/Training Program: Assisted administrative, program, and procedural development for psychology training programs. Assisted with staff training, policy development/revision, and quality assurance to ensure adherence to best practice guidelines for the *Columbia Suicide Severity Rating Scale*.

PUBLICATIONS, PRESENTATIONS & RESEARCH EXPERIENCE

Book Chapter: Gugliano, A., **Howard, S.M.**, & Berthold, A. (in press). Interventions for competency restoration and treatment in jails. In V. Barber-Rioja, A. Garcia-Mansilla, B. Subedi, & A. Batastini (Eds.). *Handbook of mental health assessment and treatment in jails*. Oxford University Press.

Training Manual: Gugliano, A., & **Howard, S.M.** (August 2017). *Community-Based Forensic Screening Evaluations of Competency to Stand Trial*. A 20-hour training at Mississippi State Hospital.

Conference Presentations:

- ♦Cowell, W., Olson, K., Gugliano, A., Berthold, A., & **Howard, S.M.** (March 2023). *Settled Insanity: A Legal Analysis*. Research presented at the American Psychology & Law Society Annual Conference.
- ♦Buteau, A., & **Martin, S.M.** (October 2015). *Anecdotal Applications of ABA in an IDD Regional Center*. Presented at MH/IDD Joint Conference.
- ♦ **Martin, S.M.** (February 2007). *Optimism, Self-Efficacy, and Conflict Resolution in an Organizational Setting*. Research Poster presented at the South Eastern Psychological Association Conference.

Research:

- ♦Fellowship Demonstration Project (August 2016): *Examining Veterans' Factors that Predict Likelihood of Enrollment and Engagement in a VA Psychosocial Rehabilitation and Recovery Center*.
- ♦Dissertation (November 2012): *The Rorschach & Substance Use Disorders: Advanced Review*.
- ♦Co-Investigator (June 2009): *Recording and Reporting Practicum Experience: Discrepancies Among Graduate Students Applying for Pre-Doctoral Internship*.

PAST PROFESSIONAL EXPERIENCES

May 2012 – July 2014

Addictions Therapist- Intensive Outpatient Program
Northwestern Human Services-Parkside, Philadelphia, PA

Intensive Outpatient Therapy: Provided group and individual therapy and case management to a caseload of 25 female clients and to a mixed-gender caseload of up to 35 clients with severe substance use disorders, co-occurring diagnoses, and trauma histories. Designed curriculum for group sessions.

Family Therapy: Assisted in the development of the *Parkside Family Therapy Program* and related outreach efforts. Provided family, couples, and multi-family group therapy from a Structural orientation.
Leadership/Awards: Led efforts to implement new programming and evidence-based treatments, including *DBT Skills Groups* and *Seeking Safety*. Created IOP Women’s Group. Was honored as the company’s *Direct Care Employee of the Month in August 2013* and was nominated for *2013 Employee of the Year*.

February 2012 – August 2012 **Outpatient Addictions Counselor**
Mirmont Treatment Center, Media, PA

Provided outpatient individual therapy for voluntary and court-mandated clients with substance use disorders and co-occurring diagnoses.

August 2007 – June 2010 **Autistic Support Teaching Assistant**
Kennett Consolidated School District, Kennett Square, PA

Provided in-classroom support for children with Autism spectrum disorders. Designed and implemented behavioral treatment plans. Conducted functional behavioral assessments and behavioral observations.

CLINICAL PRACTICUM TRAINING

July 2010 – September 2011 **Practicum Student**
Girard Medical Center, Philadelphia, PA

Psychological Assessment: Provided comprehensive psychological testing (objective personality, projective personality, neurocognitive, and intelligence/achievement).
Clinical Services: Provided individual and group therapy for adults in the outpatient clinic, short-term inpatient treatment to individuals with serious mental illness, substance use, mood, anxiety, trauma-related, psychotic, personality, and sexual disorders. Provided individual and group therapy in a long-term residential treatment program for homeless men with co-occurring disorders.

August 2010 – December 2010 **Practicum Student**
The Drexel Autism Center, Philadelphia, PA

Provided therapy and outreach services for children and families affected by autism spectrum disorders. Completed structured evaluations and reports to aid in the diagnostic assessment of autism spectrum disorders, treatment, and educational recommendations.

June 2008 – August 2008 **Practicum Student**
Mirmont Treatment Center, Media, PA

Provided individual and group therapy for adults with substance use disorders in an inpatient rehabilitation program. Completed initial intakes and biopsychosocial assessments.

SELECTED ADDITIONAL TRAININGS & CONTINUING EDUCATION

♦*So, You Wanna Be a Board-Certified Forensic Psychologist, Huh?* (July 23, 2022) Lori L. Hauser, Ph.D., ABPP. American Academy of Forensic Psychology – Live Webinar.

- ♦*Law and Mental Health: Advocacy and Social Justice in Clinical and Forensic Psychology*. (11 July 2023). University of New Mexico Department of Psychiatry and Behavioral Sciences – Live Webinar.
- ♦*Spotting the Signs of Mild Cognitive Impairment*. (May 1, 2023). American Psychological Association Continuing Education in Psychology – Independent Study Program.
- ♦*Perceptions and Predictors of Plea Decision-Making, Sentencing, and Understanding*. (March 18, 2023). Palo Alto University, Continuing & Professional Studies – In-person session.
- ♦*Understanding Plea Decision-Making: Confession Evidence, Comprehension, and the Allure of Alford Pleas*. (March 16, 2023). Palo Alto University, Continuing & Professional Studies – In-person Session.
- ♦*Law and Mental Health: Assessment of mens rea and other partial mitigating defenses*. (April 12, 2022). University of New Mexico Department of Psychiatry and Behavioral Sciences – Live Webinar.
- ♦*Moral Reconciliation Therapy Training* (August 5-7, 2020). Correctional Counseling Inc. – Live Webinar.
- ♦*Sexual Violence Risk-20 (SVR-20) Training*. (August 16, 2019). Douglas P. Boer, Ph.D. Global Institute of Forensic Research – Distance Learning Recorded Webinar.
- ♦*Testifying in Court: The Expert Expert Witness*. (11 April 2019). Stanley L. Brodsky, Ph.D. University of Southern Mississippi – In-person Session.
- ♦*Suggestibility in the Criminal Justice System: An Advanced Overview with Implications for Criminal Justice, Forensic Mental Health, and Legal Professionals*. (12 March 2019). Jerrod Brown, Ph.D. CONCEPT Professional Training – Distance Learning Recorded Webinar.
- ♦*Forensic Psychiatry Update: Issues at the Interface of the Law and Mental Health*. (1 December 2017). Multiple Presenters. University of Mississippi Medical Center – In-person Session.
- ♦*Hare Psychopathy Checklist-Revised (PCL-R & PCL-SV) Training*. (October 12 & 13, 2017). Robert D. Hare, Ph.D., & J. Reid Meloy, Ph.D. Global Institute of Forensic Research – Live Webinar.
- ♦*Evaluation of Risk for Violence Using the HCR-20-V3*, (September 13, 2017). Stephen Hart, Ph.D., Laura Guy, Ph.D., & Kevin Douglas, Ph.D. Concept CE – Distance Learning Recorded Webinar.
- ♦*Eye Movement Desensitization and Reprocessing (EMDR) Basic Training*. (January 26-28 & March 23-25, 2017). Jean Hawks, Ph.D. EMDR Consulting, LLC – In-person sessions.
- ♦*Cognitive Processing Therapy*. (February 18 & 19, 2016). Lauren Graves, Ph.D. G.V. (Sonny) Montgomery VAMC – In-person sessions.

PROFESSIONAL MEMBERSHIPS

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| 2023 – Present | Mississippi Psychological Association – Member |
| 2022 – Present | American Psychological Association – Member |
| 2019 – Present | American Psychology & Law Society, Division 41 of APA – Member |

PROFESSIONAL REFERENCES

R. McMichael, M.D.
 Service Chief, Forensic Services
 Mississippi State Hospital

Amanda L. Gugliano, Psy.D.
 Licensed Psychologist & Director of Forensic Evaluation Service
 Mississippi State Hospital

Joe Griebler, Ph.D.
 Licensed Psychologist & Director of Behavioral Health Services
 Mississippi State Hospital